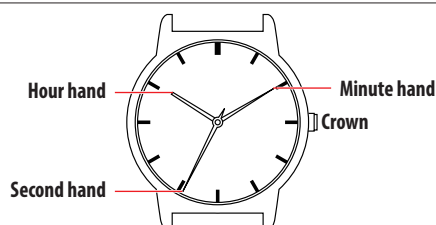


Abbreviated instruction

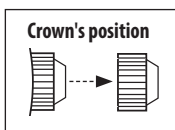
ENGLISH

- This watch is light-powered. Be sure your watch is fully charged before use.

3-hand models



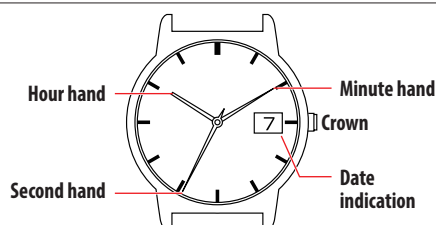
- Illustrations for reference only. Actual appearance of your watch may differ from the illustrations above. Some models do not have the second hand.



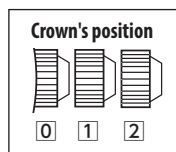
Setting the time

- 1. Pull the crown out when the second hand points to 12:00 (0 second).**
The second hand stops.
- 2. Rotate the crown to set the time.**
 - Move the hands 4 or 5 minutes forward of desired minutes and move them back to the right time to set the time more precisely.
- 3. Push the crown in in accordance with a reliable time source.**
The second hand starts moving.

3-hand and date models



- Illustrations for reference only. Actual appearance of your watch may differ from the illustrations above.



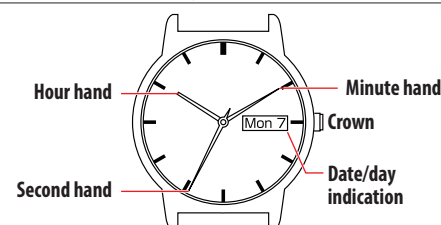
Setting the time

- Do not adjust between 9:00 PM and 1:00 AM. Otherwise the date indication may change incorrectly.
- 1. Pull the crown out to position 2 when the second hand points to 12:00 (0 second).**
The second hand stops.
 - 2. Rotate the crown to set the time.**
 - Change of date indication shows it just became AM. Set the time to ensure proper AM or PM time is set.
 - Move the hands 4 or 5 minutes forward of desired minutes and move them back to the right time to set the time more precisely.
 - 3. Push the crown in to position 0 in accordance with a reliable time source.**
The second hand starts moving.

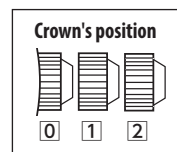
Setting the date indication

- Do not adjust between 9:00 PM and 1:00 AM. Otherwise the date indication may change incorrectly.
 - Date indication adjustment is required on the first of the following months: March, May, July, October and December.
- 1. Pull the crown out to position 1.**
 - 2. Rotate the crown counterclockwise to adjust the date indication.**
 - Clockwise rotation moves nothing.
 - 3. Push the crown in to position 0 to finish the procedure.**

3-hand and date/day models



- Illustrations for reference only. Actual appearance of your watch may differ from the illustrations above.



Setting the time

- Do not adjust between 9:00 PM and 4:30 AM. Otherwise the date and day indication may change incorrectly.
- 1. Pull the crown out to position 2 when the second hand points to 12:00 (0 second).**
The second hand stops.
 - 2. Rotate the crown to set the time.**
 - Change of date indication shows it just became AM. Set the time to ensure proper AM or PM time is set.
 - Move the hands 4 or 5 minutes forward of desired minutes and move them back to the right time to set the time more precisely.
 - 3. Push the crown in to position 0 in accordance with a reliable time source.**
The second hand starts moving.

Setting the date and day indication

- Do not adjust between 9:00 PM and 4:30 AM. Otherwise the date and day indication may change incorrectly.
 - Date indication adjustment is required on the first of the following months: March, May, July, October and December.
- 1. Pull the crown out to position 1.**
 - 2. Rotate the crown to adjust the date and day indication.**
 - Rotate it counterclockwise to change the date indication.
 - Rotate it clockwise to change the day indication.
 - 3. Push the crown in to position 0 to finish the procedure.**